

# Skeletal Muscle Pump Impairment in Parkinson's Disease: Preliminary Results

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## Objective

The purpose of this study is to investigate if impairments in leg muscle contraction affect blood pressure (BP) regulation in patients with Parkinson's disease (PD).

## Methods

Simultaneous BP, electrocardiogram, and bilateral electromyogram (EMG) of the tibialis anterior (TA), lateral and medial gastrocnemius (LG, MG), and soleus (SOL) were recorded from 16 patients (age:  $64 \pm 5$  years) with PD and 12 (age:  $68 \pm 8$  years) age-similar healthy controls in supine (5 minutes), head-up tilt test (15 minutes), and standing positions (5 minutes). Convergent Cross Mapping (CCM) was used to examine the causal relationship of the muscle-pump baroreflex (SBP→EMG: systolic blood pressure producing lower leg muscle activity and the skeletal muscle-pump (EMG→SBP: effect of muscle activity on systolic blood pressure).

## Results

Preliminary results showed that PD participants have less effective lower leg skeletal muscle-pump (EMG → SBP) compared to the control group ( $0.89 \pm 0.07$  vs  $0.94 \pm 0.04$ ,  $p = 0.05$ ) while no difference was found in the muscle-pump baroreflex (SBP → EMG). Muscle-pump (EMG → SBP) causality was lower for all muscles in PD patients compared to control group (MG:  $0.88 \pm 0.08$  vs  $0.94 \pm 0.04$ ,  $p = 0.02$ ; LG:  $0.89 \pm 0.08$  vs  $0.93 \pm 0.05$ ,  $p = 0.05$ ; TA:  $0.89 \pm 0.09$  vs  $0.95 \pm 0.04$ ,  $p = 0.05$ ; SOL:  $0.89 \pm 0.07$  vs  $0.94 \pm 0.04$ ,  $p = 0.03$ ).

## Conclusions

Our data suggests that PD patients show reduced causal effect of skeletal muscle-pump on blood pressure. The obtained results also highlight the impairment of the ability of muscle-pump to effectively control blood pressure in PD patients. The findings of this study can assist in the development of an effective system for monitoring orthostatic tolerance via muscle-pump to prevent syncope and falls in PD.