

# Effects of Acetylcholine Release Spatial Distribution on the Frequency of Atrial Reentrant Circuits: a Computational Study.

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## Abstract

*The frequency of the ECG fibrillatory f-waves ( $F_f$ ) in atrial fibrillation (AF) shows significant variations over time. Cardiorespiratory interactions through the autonomic nervous system have been suggested to play a role in such variations. Here, we tested whether the spatial distribution associated with the release of the parasympathetic neurotransmitter acetylcholine (ACh) could affect the frequency of atrial reentrant circuits.*

*Computational simulations in a human persistent-AF 3D atrial model were performed. We evaluated two different patterns of atrial innervation: ACh release restricted to the area of the ganglionated plexi (GP) and the nerves departing from them, following the so-called octopus hypothesis, and ACh release distributed uniformly randomly throughout the atria. In both cases, ACh release sites occupied 8% of the atria. The temporal pattern of ACh release was simulated following a sinusoidal waveform of frequency 0.125 Hz (respiratory frequency). Different mean levels and peak-to-peak variation ranges of ACh were tested.*

*We found that variations in the dominant frequency  $F_f$  followed the simulated temporal ACh pattern in all cases, with  $F_f$  modulation being more pronounced for increasingly larger ACh variation ranges. For the tested percentage of ACh release sites (8%), the spatial distribution of ACh did not have an impact on  $F_f$  modulation.*

## 1. Introduction

The autonomic nervous system (ANS) has been reported to be involved in the genesis and maintenance of atrial fibrillation (AF) [1]. Sympathetic activation acts as a trigger by facilitating the genesis of ectopic beats. Parasympathetic hyperactivity facilitates the formation of reentries by shortening the wavelength of reentry, defined as the dis-

tance traveled by the depolarization wave during the effective refractory period. The cardiac ANS is divided into its extrinsic and intrinsic components, with the intrinsic one being organized in a network of interconnecting axons and clusters of autonomic ganglia called ganglionated plexi (GPs).

Chaotic electrical activation during AF is reflected in the electrocardiogram (ECG) in a series of waves known as f-waves, whose frequency ( $F_f$ ) shows significant variations over time. Cardiorespiratory interactions through the ANS have been suggested to play a role in  $F_f$  modulation. In particular, a reduction in  $F_f$  modulation after full vagal blockade by atropine injection has been reported [2].

We used computational modeling and simulation to evaluate  $F_f$  modulation as a function of the spatio-temporal release pattern of acetylcholine (ACh), the primary neurotransmitter of the parasympathetic nervous system. Whole-atria models representative of persistent AF (psAF) were built. Different spatial distributions of ACh release sites were simulated to evaluate their effects in the mean ( $\overline{F_f}$ ) and range ( $\Delta F_f$ ) of  $F_f$  [3]. Simulation results were compared with the results from clinical data analysis [3].

## 2. Methods

### 2.1. Clinical recordings

Our modeling and simulation study aimed at reproducing the conditions evaluated in the clinical study reported in [3], where modulation of  $F_f$  by respiration through the parasympathetic nervous system was investigated. In a group of seven psAF patients, resting ECGs were recorded at baseline (spontaneous respiration), during 0.125 Hz frequency-controlled respiration and during controlled respiration after full vagal blockade by atropine injection.

Table 1.  $\overline{F}_f$  and  $\Delta F_f$  in simulations and patients.

SIMULATIONS								EXPERIMENTS			
ACh release 0.125 Hz		$\mathcal{O}_{08}$			$\mathcal{D}_{08}$			Mean values from simulation		Mean values from patients	
		Range of ACh			Range of ACh						
Mean ACh		0.0	0.05	0.1	0.0	0.05	0.1				
0.05 $\mu\text{M}$	$\overline{F}_f$	7.69	7.66	7.66	7.43	7.42	7.63	$\overline{F}_f$	7.59	$\overline{F}_f$	6.82
	$\Delta F_f$	0.00	0.01	0.11	0.00	0.01	0.08	$\sigma$	0.12	$\sigma$	0.59
	$r$		0.45	0.80		0.46	0.72				
0.075 $\mu\text{M}$	$\overline{F}_f$	7.43	7.73	not tested:	7.51	7.76	not tested:	$\Delta F_f$	0.025	$\Delta F_f$	0.15
	$\Delta F_f$	0.01	0.02	out of	0.00	0.01	out of				
	$r$		0.47	phy. range		0.59	phy. range				

## 2.2. Atrial models

Human atrial electrical activity was simulated in a 3D bi-atrial anatomical model that included detailed regional descriptions of fiber direction and functional heterogeneity [4].

The electrophysiological behavior of atrial myocytes was described by the Courtemanche human atrial action potential (AP) model [5], which was subsequently adapted to represent atrial heterogeneities in different regions by modifying the current conductances as in [4]. To account for parasympathetic effects, we introduced the formulation of the ACh-activated potassium current,  $I_{K_{ACh}}$ , developed by Kneller [6] and updated by Bayer [7]. Electrical remodeling associated with psAF was modeled by reducing the conductances of  $I_{to}$ ,  $I_{CaL}$  and  $I_{Kur}$  by 50%, 70% and 50%, respectively, and by increasing the conductance of  $I_{K1}$  by 100%, as in [8]. Structural remodeling induced by psAF was simulated by including 20% diffuse fibrosis based on histological studies reporting diffuse fibrosis percentages up to 40%, with a mean of approximately 20%, in psAF patients [9]. We uniformly randomly selected 20% of the tissue nodes and we assigned them the MacCannell fibroblast computational AP model [10].

Tissue conductivities in different atrial regions were defined according to the values reported in [4]. The conductivity between fibroblasts or between myocytes and fibroblasts was reduced 4-fold with respect to the myocyte-myocyte coupling. The total activation time (TAT) in our simulations was 180 ms, in line with experimental results reported in the literature for psAF patients [11].

## 2.3. Simulated ACh release patterns

To realistically represent the heterogeneous ACh release in the atria, we modeled the GP location following the anatomical study by Armour et al. [12]. The following 5 major GPs were considered: the superior right atrial GP (SRA-GP); the superior left atrial GP (SLA-GP); the posterior right atrial GP (PRA-GP); the posteromedial left

atrial GP (PMLA-GP) and the posterolateral left atrial GP (PLLA-GP), illustrated in Fig. 1, panel A). Furthermore, to take into account autonomic nerves communicating the GPs with atrial tissue, we adopted the octopus configuration [13], with 8% of tissue nodes globally selected to be ACh release nodes. To test the effect of the heterogeneity in the organization of ACh release, we built another 3D model in which 8% of tissue nodes were uniformly randomly selected as ACh sites all over the atria. These two spatial configurations of ACh release were denoted as  $\mathcal{O}_{08}$  and  $\mathcal{D}_{08}$ , respectively, and are represented in Fig. 1, panels A) and B).

In the selected nodes, the temporal pattern of ACh release was simulated as cyclically varying following a sinusoidal waveform of frequency equal to the 0.125 Hz respiratory frequency of the clinical recordings. Different mean levels (0.05, 0.075  $\mu\text{M}$ ) and peak-to-peak variation ranges (0.0, 0.05, 0.1  $\mu\text{M}$ ) of ACh were tested, all within ACh ranges tested in preceding studies (0 - 0.1  $\mu\text{M}$ ) [7].

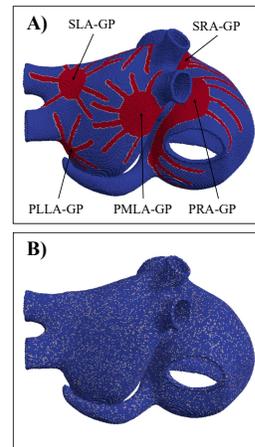


Figure 1. 3D atrial models, with ACh release nodes shown in red. A)  $\mathcal{O}_{08}$  spatial configuration of ACh release, with identification of the modeled GPs. B)  $\mathcal{D}_{08}$  spatial configuration of ACh release.

## 2.4. Numerical methods and simulations

Electrical propagation in the atria was described by the monodomain model and solved by means of the finite element method in combination with the operator splitting numerical scheme using the software ELVIRA [14].

Single cells were paced at a fixed cycle length (CL) of 800 ms for 16 minutes to reach steady-state. The steady-state values of the cellular models' state variables were used for initialization of the multi-cellular models.

Fourteen stimuli at a CL of 800 ms were applied in the region of the sinus node before delivering the stimuli according to the S1-S2 protocol for arrhythmia generation. The S1 stimulus was applied on a line joining the region between the superior and inferior left PVs and the region between the superior and inferior right PVs. The S2 stimulus was subsequently applied parallel to the S1, starting from the inferior left PV and covering only half of the S1 line length. After delivery of the S1 stimulus, the simulations were run for 12.5 s.

## 2.5. Dominant frequency characterization

From the simulations, voltage time series were extracted from 223 points manually selected to be approximately uniformly distributed across the tissue. For each of the extracted points, the time instant  $t_{m,i}$  correspondent to the maximum upstroke velocity of beat  $i$  was determined and the instantaneous frequency was computed as  $1/(t_{m,i+1} - t_{m,i})$ , for all beat indices  $i$  in the recording. Next, averaging was performed over all selected points in space to compute the tissue dominant frequency  $F_f$  along time, as follows. First, the time series of instantaneous frequencies calculated for each tissue point were subjected to power spectral analysis. Spectral "peak-conditioned" selection was performed as in [15] so that the series whose spectrum was not sufficiently peaked were discarded.  $F_f$  was eventually computed as the mean of the remaining time series. Finally,  $\bar{F}_f$  was computed as the average value of  $F_f$ , while  $\Delta F_f$ , the magnitude of f-wave frequency modulation, was computed as the median of the upper envelope of the bandpass-filtered  $F_f$  signal [3].

## 3. Results and Discussion

In the 3D atrial models, with both the  $\mathcal{O}_{08}$  and the  $\mathcal{D}_{08}$  spatial configurations of ACh release, the applied S1-S2 protocol was able to generate multiple stable rotors. The atrial dominant frequency followed in all cases the induced ACh patterns (Fig. 2), with Pearson correlation coefficient values  $r$  above 0.7227 and 0.4558 for the 0.1  $\mu\text{M}$  and 0.05  $\mu\text{M}$  peak-to-peak ACh ranges, respectively.

Table 1 shows  $\bar{F}_f$  and  $\Delta F_f$  for each of the simulated cases.  $\Delta F_f$  was found to be dependent on the ACh variation range, increasing with it. The spatial distribution of

ACh release did not have significant effects on  $\Delta F_f$  when all other factors were kept constant. Regarding  $\bar{F}_f$ , we found our results to highly vary depending on the fibrillatory patterns generated in the 3D models, with 1 to 3 stable rotors found in the different simulated cases. In a previous 2D study where we analyzed the behavior of a single rotor [16], we found  $\bar{F}_f$  to be dependent on the mean ACh level. Here, we observed that when the fibrillatory patterns in the 3D models were similar to one another, our results were concordant with those in 2D tissues, with  $\bar{F}_f$  increasing with the mean ACh level. Furthermore, as expected, we noticed an increase in the dominant f-wave frequency with the number of stable rotors in the atria. The different spatial distributions of ACh release, i.e.  $\mathcal{O}_{08}$  and  $\mathcal{D}_{08}$  configurations, did not cause significant variation in terms of  $\bar{F}_f$  and did not seem to be correlated to the induced fibrillatory pattern.

The comparison of the mean values and standard deviations of  $\bar{F}_f$  and  $\Delta F_f$  from simulations and from patients are reported in Table 1. In all patients, ECGs showed an f-wave frequency modulation. In 57% of the patients, this modulation was significantly reduced after atropine-induced parasympathetic inhibition, while in the rest of patients no changes were observed. When comparing simulated and clinical results, mean  $\bar{F}_f$  was approximately 1 Hz higher in the simulations, while  $\Delta F_f$  was higher in the patients. Different conduction velocity, mean ACh level and fibrillatory pattern could contribute to explain the differences in mean  $\bar{F}_f$  between simulated and clinical data. The range of variation in ACh and the percentage of ACh release sites along the atria could explain the differences in mean  $\Delta F_f$  between simulations and patients. Future studies could further investigate the impact of all these factors on  $\bar{F}_f$  and  $\Delta F_f$ .

## 4. Conclusions

The temporal evolution of ACh release could be an important factor in f-wave frequency modulation. The spatial configuration of ACh release sites has, however, minor impact on f-wave frequency modulation. Further studies will help to fully elucidate the contribution of ACh and other factors to f-wave characteristics, which might be largely dependent on the fibrillatory pattern.

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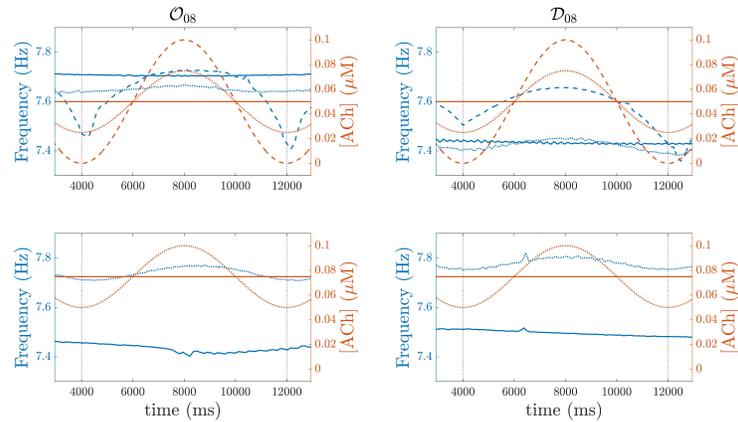


Figure 2.  $F_f$  (blue) for the two spatial ACh configurations,  $\mathcal{D}_{08}$  and  $\mathcal{O}_{08}$ , following application of the S1-S2 protocol and temporal sinusoidal ACh release patterns (red). Mean ACh is  $0.05 \mu\text{M}$  in the first row and  $0.075 \mu\text{M}$  in the second row. Solid/dashed/dotted lines represent  $0/0.05/0.1 \mu\text{M}$  ACh variation ranges. In the bottom panels, the maximum ACh variation range of  $0.1 \mu\text{M}$  is not represented since it leads to ACh values out of physiological ranges. In all the panels, the two dashed vertical lines delimit one 8 second-respiratory period.

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