# Physiological Variations in CX43 and Fibrosis Deposition Affect Human Ventricular Electrophysiology Promoting Arrhythmia

Laura García-Mendívil<sup>1</sup>, María Pérez-Zabalza<sup>1,2</sup>, Ricardo M Rosales<sup>1,3</sup>, José M Vallejo-Gil<sup>4</sup>, Javier Fañanás-Mastral<sup>4</sup>, Manuel Vázquez-Sancho<sup>4</sup>, Javier A Bellido-Morales<sup>4</sup>, Alexánder S Vaca-Núñez<sup>4</sup>, Carlos Ballester-Cuenca<sup>4</sup>, Laura Ordovás<sup>1,5</sup>, Esther Pueyo<sup>1,3</sup>

<sup>1</sup>Aragón Institute of Engineering Research, University of Zaragoza, IIS Aragón, Zaragoza, Spain <sup>2</sup>Centro Universitario de la Defensa (CUD), Zaragoza, Spain

<sup>3</sup>CIBER in Bioengineering, Biomaterials and Nanomedicine, Zaragoza, Spain

<sup>4</sup>Department of Cardiovascular Surgery, University Hospital Miguel Servet, Zaragoza, Spain

<sup>5</sup>Fundación Agencia Aragonesa para la Investigación y el Desarrollo (ARAID), Zaragoza, Spain

#### Abstract

Connexin 43 (Cx43), the major component of gap junctions in the ventricle, is responsible for electrical impulse transmission between ventricular cardiomyocytes. Little is known about the interindividual heterogeneity of CX43 tissue expression in the human left ventricle (LV) and its contribution to arrhythmogenecity either alone or in combination with other proarrhythmic factors like fibrosis. We processed LV fluorescent immunostaining images from living donors and characterized the population heterogeneity of CX43 expression and fibrosis deposition. The lowest CX43 expression and the highest fibrosis deposition values in the population were implemented in 2D computational models of human LV electrophysiology. We measured conduction velocity (CV) and areas of High Repolarization Gradient (HRG) from the simulated action potentials (APs), and the amplitude, duration and area of calculated unipolar electrograms (EGMs). Simulations showed that both reduced CX43 and fibrosis notably influence CV, HRG extent, EGM activation area and the dispersion of activation recovery intervals from EGMs, with a largest impact of CX43 reduction. In conclusion, decreased CX43 and increased fibrosis, to the extents measured in non-diseased human LV tissues, contribute to a substrate for the generation of reentrant arrhythmias, which can be quantified from ventricular EGMs.

## 1. Introduction

Cx43 is the major component of ventricular gap junctions, the intercellular communication structures responsible for ion and small molecule exchange and electrical coupling between adjacent cardiomyocytes. Ventricular electrical coupling can be affected by changes in Cx43 expression and/or distribution. These changes can lead to impulse conduction abnormalities and arrhythmias, especially when combined with other structural and functional changes related to pathological remodeling or aging. Altered CX43 patterns have been reported in humans with left ventricular hypertrophy, heart failure, atrial fibrillation and dilated cardiomyopathy [1]. However, little is known about the physiological interindividual variability of CX43 expression in non-diseased human left ventricle (LV) and its associated arrhythmic risk.

Other tissue factors, like the the composition of the extracellular matrix, can also affect the impulse transmission. Increased fibrosis deposition has been reported to alter the electromechanical function of the heart and to increase proarrhythmicity [2, 3]. In the literature, there is limited research on the impact that the combination of alterations in CX43 and fibrosis has on human ventricular electrophysiology.

Here, we report the experimental characterization of CX43 and fibrosis amount in non-diseased human LV tissues. Next, we evaluate the effects of the amount of CX43 on human LV electrophysiology, both individually and in combination with increased fibrosis deposition, using 2D computational models. We investigate how those effects can be associated with arrhythmic risk and how they can be detected from ventricular unipolar electrograms (EGMs).

# 2. Methods

# 2.1. Human LV tissues

Human transmural LV tissue sections (n=44) were collected at Hospital Universitario Miguel Servet (Zaragoza, Spain) from 50 to 84 year-old patients undergoing cardiac surgery. They all fulfilled clinical criteria, including absence of hypertrophy and prior myocardial infarction and preserved LV ejection fraction, among others. The samples were obtained during cardiac arrest, immediately after the patient was placed on cardiopulmonary bypass, from an area of the anterior wall of the LV, near the base of the heart, without evidence of ischemia or any other macroscopic pathology [4].

## 2.2. Fluorescent immunohistochemistry

Standard immunohistochemistry protocols were used for tissue staining. Primary antibodies were mouse monoclonal anti-SERCA2 (ab2817, Abcam) and rabbit polyclonal anti-CX43 (ab11370, Abcam). Secondary antibodies were Alexa Fluor 488 goat anti-mouse (A11029, Thermo Fisher) and Alexa Fluor 633 goat anti-rabbit (A21071, Thermo Fisher). The extracellular matrix was stained with wheat germ agglutinin (WGA) conjugated to Alexa Fluor 555 (W32464, Thermo Fisher). Images were acquired with a Zeiss LSM 880 (Carl Zeiss) confocal microscope.

# 2.3. CX43 and fibrosis characterization

Binary masks for CX43, SERCA2 and WGA were generated by applying a binarization filter to grayscale images. The amount of CX43 (%CX43) was calculated as the percentage of CX43 with respect to the area of the cardiomyocytes measured from the SERCA2 mask. The quantification of fibrosis was performed using WGA staining after substracting the sarcolemma signal labeled by SERCA2 [3].

# 2.4. Computational simulations

We defined a two-dimensional computational model of human LV electrophysiology consisting of epicardial and midmyocardial regions, as illustrated in Figure 1A. The O'Hara-Rudy model [5] was used to describe the human ventricular action potential (AP) for the epicardial and midmyocardial cells. The control case was defined with a longitudinal diffusion coefficient of 0.0013 cm<sup>2</sup>/ms and a transverse-to-longitudinal conductivity ratio of 0.19. Three other cases were simulated to represent the lowest values of %CX43 and the largest amounts of fibrosis measured from the LV tissues. In the fibrosis case (hereafter, FIB), 19% of the tissue elements were uniformly randomly selected to represent fibrotic elements and were represented by the MacCannell AP model [6]. The longitudinal conductivity between fibroblasts and myocytes was reduced by a factor of three. The diffusion case (hereafter, DIF) was implemented by reducing the longitudinal conductivity by 40%. The fibrosis plus diffusion case (hereafter, FIB+DIF)

combined the two previous cases. Simulations were run using ELECTRA, an in-house cardiac electrophysiology solver [7]. The finite element method was used to solve the cardiac monodomain model.

AP duration (APD) was computed at 90% repolarization. Local repolarization gradients were computed, for each mesh node, as the magnitude of the repolarization gradient vector, estimated using a radius of one pixel [8]. We calculated the percentage of tissue area with repolarization gradients above 9 ms/mm, termed High Repolarization Gradient (HRG) area. For Conduction Velocity (CV) estimation, we fitted a polynomial surface to the activation data and we calculated the local velocity vectors from the gradient of the fitted surface [9].

#### 2.5. Analysis of electrograms

Unipolar EGMs were computed from a 9x9 electrode mesh located in the center of the tissue at a distance of 0.1 cm. The inter-electrode distance was 0.2 cm. For an electrode located at a position  $\mathbf{r}$ ', the EGM  $\phi_e(\mathbf{r}',t)$  was computed as:

$$\phi_e(\mathbf{r}^{\prime}, t) = \sigma \iint \left[ -\nabla_r V_m(\mathbf{r}, t) \cdot \nabla_r \left( \frac{1}{d(\mathbf{r}, \mathbf{r}^{\prime})} \right) \right] dx dy$$
(1)
$$d(\mathbf{r}, \mathbf{r}^{\prime}) = \|\mathbf{r} - \mathbf{r}^{\prime}\|_2$$
(2)

where  $\mathbf{r} = [x \ y \ z]$  and  $\mathbf{r}' = [x' \ y' \ z']$  are the Cartesian coordinate vectors for a point in the tissue and the electrode, respectively, and  $\nabla_r$  denotes the spatial gradient. The integral was calculated over the whole 2D tissue in the x-y plane and the value of  $\sigma$  was set as in [10].

For each EGM, the following markers were measured:

Activation Recovery Interval (ARI). ARI was calculated as the interval between activation time (AT) and repolarization time (RT). AT and RT were defined from the minimum and maximum derivatives, respectively, in predefined intervals of the last simulated heartbeat after a train of periodic stimuli at a pacing frequency of 1 Hz.

Two measures of repolarization dispersion were evaluated:  $ARI_d$ , defined as maximum ARI - minimum ARI from the 81 calculated EGMs; and  $ARI_{std}$ , defined as the standard deviation of ARI measures from the 81 EGMs (Figure 1).

**T-wave amplitude** ( $\mathbf{R}_{\mathbf{A}}$ ): Amplitude of the EGM repolarization wave at the time associated with maximum absolute amplitude (either positive or a negative), computed as in [10].

**Peak-to-peak QRS voltage**  $(V_{QRS})$ : Difference between maximum and minimum voltage in the EGM activation wave.

QRS ( $S_{QRS}$ ) and T-wave ( $S_T$ ) areas: Integrated areas over the depolarization and repolarization waves of the EGM, respectively. The areas were normalized by the



Figure 1: A) 2D tissue model with epicardial cells in blue and midmyocardial cells in pink, and array of electrodes for EGM calculation. ARI map for Control (B) and FIB+DIF (C) cases. D) EGMs for two electrodes computed for control (red) and FIB+DIF (green) cases.

difference between the maximum and minimum EGM amplitudes.

## 3. **Results and Discussion**

## 3.1. CX43 and fibrosis in human LV tissues

The median [interquartile range] of CX43 amount (%CX43) in the population was 2.73% [1.93%-3.52%]. Some individuals had 40% lower %CX43 than the population median, indicating high interindividual variability. For fibrosis deposition, the median [interquartile range] in the population was 10.44% [8.33%-13.65%]. The greatest fibrosis deposition in the population was 19%.

In the computational models, the DIF case represented 40% decrease in %CX43 relative to the population median (implemented by decreased longitudinal conductivity) and the FIB case included 19% fibrosis deposition (19% of the elements were assigned with fibroblast properties).

# 3.2. CX43 and fibrosis effects on tissue APs

As compared to the control situation, we observed a decrease in CV in the FIB case that was even more accentuated in the DIF case. These outcomes were associated with the lower conduction capacity of fibroblasts as compared to cardiomyocytes and the lower conductivity between cardiomyocytes when the CX43 content was reduced, respectively. Accordingly, the combination of both factors (FIB+DIF) resulted in an even larger CV reduction.

HRG, considered as a measure of repolarization dispersion and a surrogate for arrhythmic risk [8], was increased in the DIF case but not in the FIB and FIB+DIF cases. HRG results suggest that reduced %CX43 may contribute to a more proarrhythmic susbtrate (Figure 2). Altogether, the increased heterogeneity in repolarization duration, and thus in the effective refractory period, combined with reduced CV, as observed in some individuals of our population with non-pathological LV remodeling, generates a substrate that could promote reentrant arrhythmias.



Figure 2: A) CV and B) HRG area for Control, FIB, DIF and FIB+DIF simulated cases.

# 3.3. CX43 and fibrosis effects on EGMs

The reduction in CV for FIB, DIF, and FIB+DIF cases could also be quantified from the ATs estimated from the simulated EGMs by characterizing  $V_{QRS}$  and  $S_{QRS}$ . We observed a strong decrease in  $V_{QRS}$  for the FIB case and an increase in  $V_{QRS}$  for the DIF case. The combined FIB+DIF case resulted in a slight decrease with respect to control (Figure 3A). For the normalized area  $S_{QRS}$ , we observed an increase in the three cases, especially in DIF and FIB+DIF cases (Figure 3B).  $S_{QRS}$  was dependent on both the amplitude and duration of the EGM activation waveform, and both reduced %CX43 and increased fibrosis led to delayed conduction, which combined with the effects on  $V_{QRS}$ , led to an increase in the  $S_{QRS}$ .

With respect to EGM repolarization,  $R_A$  was similar to the control case in all three simulated cases. In the control case, there were already heterogeneities due to the islands of midmyocardial cells embedded in an epicardial tissue. The presence of fibrosis in a homogeneous tissue with only epicardial cells would have led to decreased  $R_A$ , in line with previous studies in the literature. In our heterogeneous tissue, which could more closely resemble the heterogeneity of LV tissues, slight changes in the median  $R_A$  over all calculated EGMs could be seen (Figure 3C). For the normalized area  $S_T$ , we observed a slight increase in the DIF case with respect to control (Figure 3D).

Regarding measures of ARI dispersion, we found that DIF led to an increase in both  $ARI_d$  and  $ARI_{std}$ , while increased fibrosis was associated with a decrease in both ARI measures (Table 1), in line with our results for HRG.



Figure 3: A)  $V_{QRS}$ , B)  $S_{QRS}$ , C)  $R_A$  and D)  $S_T$  for Control, FIB, DIF and FIB+DIF simulated cases. Black lines represent the median.

An increase in spatial variability of repolarization duration combined with a reduction in CV could result in increased susceptibility to reentrant arrhythmias.

Table 1: Repolarization dispersion measures, ARI<sub>d</sub> and ARI<sub>std</sub>, evaluated in Control, FIB, DIF and FIB+DIF simulated cases.

Scenario	ARI <sub>d</sub> (ms)	ARI <sub>std</sub> (ms)
Control	30	8.59
FIB	25	5.11
DIF	39	10.42
FIB+DIF	31	5.67

The physiological remodeling of %CX43 to the extent observed in our non-diseased LV tissues from a population of donors has profound effects on cardiac electrophysiology. Such effects are manifested in unipolar ventricular EGMs primarily by alterations in features related to ventricular depolarization.

# 4. Conclusions

A low amount of CX43 to extents observed in nondiseased human LV tissues, individually or combined with increased fibrosis, has remarkable effects in CV and repolarization dispersion, increasing the vulnerability to arrhythmias. Such effects can be quantified from the analysis of the amplitude, duration and areas of the depolarization and repolarization waves of ventricular EGMs.

## Acknowledgments

This work was supported by AEI-Ministerio de Ciencia e Innovación (PID2019-105674RB-I00, TED2021-130459B-I00, PID2022-140556OB-I00 and PID2022-139859OB-I00 funded by MCIN/10.13039//501100011033 and "ERDF A way of making Europe"), by Gob. Aragón (LMP94\_21, LMP128\_21 and BSICoS group T39\_23R) and by European Research Council (G.A. 638284).

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Address for correspondence:

Laura García-Mendívil

Universidad de Zaragoza, Campus Río Ebro, Edif.I+D, C/ Poeta Mariano Esquillor, s/n, 50018 Zaragoza lgmendivil@unizar.es